

Activities for Seniors

Shelby Township Senior Citizen Center

51670 Van Dyke Avenue Shelby Township, MI 48316
Senior Center Office 586-739-7540 Operating Hours 8:30 am to 5:00 pm
Lori DePauw, Senior Coordinator

MAY ACTIVITIES

Movies and Popcorn – ON Tuesday, May 12 at 12:30 pm, we will present BATMAN, THE DARK KNIGHT. No cost.

THE ANNUAL MEMORIAL SERVICE will be held on Friday, May 15 at 1:00 pm. The Senior Center honors those members who have passed away during the previous year.

On Thursday, May 7 at 11:00 am we will honor all of you wonderful moms and dads at the ANNUAL MOTHER'S DAY AND FATHER'S DAY PARTY. Tickets are \$10 at the front desk.

For a wonderful nostalgic evening, relive your SENIOR PROM NIGHT on Wednesday, May 13 at 5:30 pm. The festivities are at Cherry Creek Golf Club. Tickets are \$20 at the front desk.

The Senior Center will host a special WELLNESS EXPO 2009 from 9:00 am until Noon on Thursday, May 21. This is a family event; everyone is welcome. You will speak with health care professionals, enjoy a massage, and discuss nutrition with experts. There will also be beautiful free raffle prizes. This is a no-cost event.

Singing, dancing, comedy!! The Senior Center TALENT SHOW will be held on Friday, May 29 at 1:00 pm. Tickets are \$3 at the front desk.

JUNE ACTIVITIES

A RED CROSS BLOOD DRIVE on Tuesday, June 9 from 1:30 until 7:30 pm. Call for an appointment – 586-739-7540. Walk-ins are also welcome.

THE VOLUNTEER APPRECIATION DINNER will be held on Wednesday, June 17 at 5:00 pm. If you have 10 hours or more of volunteer time, you are eligible to attend. Volunteers are free - you may bring a guest at a cost of \$10. Please notify the front desk if you are attending.

Movies and Popcorn – Thursday, June 18 at 12:30 pm – showing MAMA MIA. No cost.

The theme of the JUNE DINNER DANCE will be SAILING INTO SUMMER on Friday June 19. The dance will be at the Senior Center and tickets are \$16. Get your tickets at the front desk.

THE SENIOR FUN OLYMPICS take place at River Bends Park, Bittersweet Shelter. The "fun" starts at 10:00 am on Wednesday, June 24 with coffee and donuts. This is an event that requires no special skills, there is something for everyone. A wonderful picnic lunch will be served. There will be gold, silver and bronze ribbons awarded. There is a \$2 charge. Sign up at the front desk.



JULY ACTIVITIES

The Stars and Stripes Dinner Dance will be held on Friday, July 17 at 5:30 pm. Tickets are \$16 at the front desk.

The Christmas in July Party will be held on Wednesday, July 22 at 11:00 am. Tickets are \$10 at the front desk.

SPECIAL ONGOING ACTIVITIES

CONNECTING THREADS QUILTING GROUP meets on Wednesdays at 12:30 pm. No experience is necessary -- the ladies will help you become a quilter. Call the Senior Center for further information.

BRAIN GAMES – Play word games, work puzzles, solve challenges, etc. in a group format. No pressure to participate, come in and observe. Keep those little grey cells working. Brain games meets the 2nd and 4th Tuesday of each month at 1:00 pm.

THE WALKING GROUP – The Walk in the Park group meets on Tuesday mornings at 9:00 am at one of four beautiful parks in Shelby. We walk approximately one mile at a moderate pace. For information call Donna at the Senior Center – 586-739-7540.



Wii Games – A virtual reality game played with a TV screen and a hand held device. Great exercise and great entertainment! Any number of sports can be played, although bowling seems to be the game of choice around the Senior Center. Anyone can do it. It can even be done in a seated position. To verify dates and times of play, call the Senior Center – 586-739-7540.

ADDITIONAL ONGOING PROGRAMS OFFERED

SMART Bus Transportation, Nutrition Program (lunches for seniors 60 and older - a \$3 donation is appreciated), Senior Loan Closet (wheelchairs, etc.), Country/Western Line Dancing, Bible Study, Choir, Cards, Happenings (a current event discussion group), Art Classes, Low Vision Support Group, Crafts from the Heart, Computer Classes, Senior Travel (flyers available at the Senior Center), Large Type Books and Books on Tape for loan, Ask the Lawyer (by appointment), Senior Spelling Bee, Knit and Crochet Group and Deaf Older Adults.